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AUTHOR	Ayres, Elizabeth
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AVAILABLE FROM	Penguin Putnam Inc., 375 Hudson St., New York, NY 10014 ($13). Tel: 800-788-6262 (Toll Free); Web site: http://www.penguinputnam.com.
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DESCRIPTORS	Elementary Secondary Education; Higher Education; Language Usage; Poetry; *Writing Apprehension; *Writing Exercises; Writing Improvement; *Writing Instruction; *Writing Processes

ABSTRACT

No matter how intimidated or how blocked, any writer can tap into the vast oceans of creativity within by following the exercises in this book. Broken into small steps, each exercise is easy and takes only minutes to do. Yet each one forms a wave that brings with it a rush of ideas, images, and scenes as it crests. Chapters in the book are: (1) Monsters of the Deep: Write Your Way Past Your Fears; (2) The Water's Warm Once You're in: Use Imaginative Layering to Generate Raw Material; (3) A Gull's-Eye View: Take Charge of What You Write; (4) Where's the Bottom? Name a Main Idea and Develop It; (5) Coping with the Salt, Salt Spray: Control Your Writing by Structuring It; (6) Storm-Tossed Seas: Organize Your Ideas and Create an Outline; (7) Land Ahoy!: Shape a Beginning, Middle, and End for Your Work; (8) Island Hopping: Use Structural Models to Communicate Your Ideas; (9) Becalmed: Jump-Start a Stalled Work-in-Progress; (10) Time and Tide: Put Passion into Lifeless Writing; (11) The Ceaseless Surf: Use Sound to Catalyze the Imagination; and (12) Beyond the Horizon: Discover Your Next Project. An afterword presents poems by the author and relates them to ideas discussed in the book. Contains a 25-item list of further reading. (RS)

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